

S.No	Activity Type	Describe activity (if you selected other)	Activity is intended for	Organization Name	Website or contact information	Address	Postcode	Tips/ Remarks	Activity/ Lesson language?	Activity runs in ISU premise?	Approximate cost?	Number of times per week
1	Basketball		Kids	SVO basketball	www.SVO-basketball.nl	Sportcentrum Oudenrijn		They have basketball lessons once a week for younger kids, and from 8-9 y.o. a child can join a team - with trainings twice a week and competition games on weekends	Dutch	No		2
2	Chess		Kids	IS Utrecht parent volunteers	Contact IS Utrecht for information	Utrecht			English	Yes	60 (appx)	1
3	Chess	Chess Club	Kids	Mangus Leidsche-rijn	https://www.chess.com/club/magnus-leidsche-rijn	Leidsche-rijn		Lots of ISU kids join this club!	English and Dutch	No		1
4	Chess		Kids and Adults	Moira-Domtoren	www.moira-domtoren.nl	Koningsweg 2	3582 GE		Not sure!	No		Not known
5	Climbing		Kids and Adults	neoliet	www.neoliet.nl	Componistenlaan 6	3451 SX		English and Dutch	No		1
6	Cricket		Kids and Adults	Kampong Cricket Club	http://kampongcc.nl/	Mytylweg 17 3585 LM Utrecht	3585 LM	Lots of ISU kids and parents involved	English and Dutch	No		
7	Dance		Kids and Adults	Touchee Dance Company	www.touchee.nl	Utrecht	3514 CA	Boys and girls, can do more than 1x per week.	English and Dutch	No		1
8	Dance		Kids and Adults	Dedine Ballet & Movement Arts	www.dedine.nl	Utrecht		Ballet	Dutch	No		1
9	Dance		Kids and Adults	DCU	www.dcu.nl	Mgr. van de Weteeingstraat 13-a	3581 EA Utrecht		English and Dutch	No		1
10	Dance		Kids	Dreumeland	www.dreumeland.nl	Leidsche Rijn		you choose day/time of lessons	Dutch	No		1
11	Dance		Kids	Planeta Capoeira	www.planetacapoeira.nl			Brazilian dance/motor skills	English and Dutch	No		1
12	Dutch Lessons		Kids	My Dutch Lessons	www.mydutchlessons.nl	BSO Anne Frank/UNIC			Dutch	No		1
13	English Lessons		Kids	ALCE - Spanish Ministry of Education	www.mecd.gob.es/pausesbajos	Utrecht's Stedelijk Gymnasium			Spanish	No	Free for Spanish citizens	1
14	Football/ Soccer		Kids and Adults	Kampong Voetbal	https://www.kampongvoetbal.nl/	Laan van Maarschalkerwerd 14, 3585 LJ Utrecht	3585 LJ	Club can be very difficult to join, but possible. Make sure to apply early as possible.	English and Dutch	No	280 euros	3
15	Football/ Soccer		Kids	OSM75 Voetbal	www.osm75.nl	Maarszen		note - local football clubs can be full, so these people are receptive but not local (Maarszen)	Dutch	No		3
16	Football/ Soccer		Kids and Adults	PVC Voetbal	https://www.pvcvoetbal.nl/	Utrecht			English and Dutch	No		3
17	Gymnastics		Kids	Diedom Circus	www.diedom.nl	Kon. Wilhelminalaan 4c	3527 LD	Lessons begin in September and go until beginning of June	Not sure!	No	260-325 euros per year	Not known
18	Gymnastics	Gym	Kids	Doo K&V	https://www.dookenv.nl/	Utrecht			English and Dutch	No		1
19	Gymnastics		Kids	Fraternitas Utrecht	www.fraternitas.nl	Several	Several		Not sure!	No		1
20	Hockey (Field Hockey)		Kids	Kampong	www.kamponghockey.nl				Dutch	No		3

21	Hockey (Field Hockey)		Kids and Adults	kamponghockey.nl	www.kamponghockey.nl	Laan van Maarschalkerwerd 14	3585 LJ	There is a very long waiting list. They are very proactive, but you may need to be patient because teams are determined based on number of registrations. So make sure to register first. Season begins in September.	Dutch	No	150-200 euros per year depending on level	3
22	Hockey (Ice Hockey)		Kids	Utrecht Dragons	www.ijcudragons.nl	Utrecht		two practices, one game per week, involves travel; bring your own equipment	English and Dutch	No		3
23	Horse Riding		Kids and Adults	Manege Groenesteyn	www.manegegroenesteyn.nl	Biltsestraatweg 88	3573 PS		English and Dutch	No		1
24	Horse Riding	Horse riding	Kids	Manege Groenesteyn	www.manegegroenesteyn.nl	Utrecht	3573 PS		English and Dutch	No	150 for 10 lessobns	1
25	Ice Skating		Kids and Adults	Duosport	www.duosport.nl	Utrecht		Multiple lesson options from individual to group as well as holiday period lessons. Consult website for lesson options. It is up-to-date and very helpful.	English and Dutch	No	75 euros - 165 euros	1
26	Ice Skating		Kids	KVM	Secretaris@kvmonice.nl			Saturday activity	English and Dutch	No	12 per hr	1
27	Martial Arts		Kids	Planeta Capoeira	#ERROR!	Utrecht			Dutch	No		1
28	Martial Arts	Judo	Kids	Judoschool Barberio	www.judoschoolbarberio.nl	Different locations			Dutch and italian	No		1
29	Music		Kids	Desiree Riera (Clarinet Lessons)	phone: '0610124160	IS Utrecht campus			English	Yes		1
30	Other		Boys and Girls	Scouting Salwega	www.salwega.nl	Lunetta		good program, mixed boys and girls	Dutch	No	30 euros	1
31	Other	Adult women's choir	Adult Women	Sing Out Utrecht	singouthilversum@gmail.com	Utrecht		adult women's choir, meets at IS Utrecht campus	English	Yes		1
32	Other	Multi-activity Sports center	Kids and Adults	David Lloyd Center	www.davidlloyd.nl	Mississippidreef 161	3565 CE	Excellent website. Multiple activities available under one roof.	English and Dutch	No	Variable see website	Not relevant
33	Other	French language lessons	Kids	fondation en famille	www.fondationenfamille.com	Utrecht		Kids must already speak French - activities are focused on maintaining French	French activities, parents meet to speak French too	No		1
34	Other	Language - Spanish	Kids	ALCE	www.mecd.gob.es				Spanish - for Spanish speakers with a parent who has Spanish passport	No		1
35	Other	Netball Club	Adult Females - all abilities welcome	Utrecht Netball Club	Facebook - Utrecht Netball Club		3527 BR		English	No		1
36	Other	Scouting	Kids	Scouting club De Vliegende Pijl group 19 from Utrecht	http://vp19.nl/	Utrecht		There are several scout groups around Utrecht	English and Dutch	No		1
37	Piano		Kids and Adults	Private piano classes at home	Private Spanish teacher				Spanish	No	10€/30 min	1
38	Piano		Kids	William Mcleish	willmcleish@gmail.com	He will come to your house			English	No		1
39	Scratch		Kids	IS Utrecht volunteers	Contact school for more info	Utrecht			English	Yes		1

40	Swimming		Kids	Zwembad Den Hommel	https://www.utrecht.nl/wonen-en-leven/vrijetijd/zwembaden/zwembad-den-hommel/	Kennedylaan 5, 3500 CE Utrecht		Den Hommel has swimming lessons even on Saturday				
41	Swimming		Kids	David Lloyd	https://www.davidlloyd.nl/en/Clubs/Utrecht#OpeningTimes	Overvecht 3565 CE		Lessons throughout the week	English and Dutch	No		
42	Swimming		Kids	Den Hommel	www.utrecht.nl/zwembaden	Utrecht			English and Dutch	No		1
43	Swimming		Kids	Swimming Pool Fletiomare	www.utrecht.nl/fletiomare	Utrecht		low cost because sponsored by Utrecht municipality	English and Dutch	No		1
44	Swimming		Kids	Blauwkapel	www.optisport.nl/blauwkapel				English and Dutch	No		1
45	Tennis		Kids	Kampong Tennis	www.kampongtennis.nl	Utrecht			English and Dutch	No		1
46	Tennis		Kids and Adults	Kampong	www.kampongtennis.nl	Laan van Maarschalkerwerd 14 3585 LJ			English and Dutch	No		1
47	Tennis		Kids	Balance Tennis Academy	www.Balance-tennis.com	Sportcentrum Oudenrijn		They have groups for different levels, and also run lessons in a few locations in Utrecht	Dutch	No		1
48	Tennis		Kids	Leidsche Rijn Tennis	https://leidscherijntennis.planmysport.com/portal/page/pmsporta130/LeidscheRijnTennis	Leidsche Rijn			English and Dutch	No		1